BHUJBAL KNOWLEDGE CITY Mumbai Educational Trust	**MET's Institute of Technology (Polytechnic), Nashik** **Department of Information Technology (Inst. Code: 0776)** **(NBA Accredited Programme)** www.metbhujbalknowledgecity.ac.in

AY: 2026-2027

Name of Activity	Guest Lecture on Counselling & Mentoring Session
Academic Year	2026–2027
Department	Department of Information Technology
Institute	MET's Institute of Technology Polytechnic, Nashik
Date & Time	07/09/2026 & 08/09/2026 | 11:00 AM to 12:00 PM
Venue	Classroom No. 106
Target Participants	SYIF & TYIF Students
Resource Person	Mr. V. M. Sawant
Designation	Counselor
Activity Coordinator	Mr. C. S. Mogare
Co-Coordinator	Ms. S. P. Pathak | Ms. V. R. Patil

Objective of the Activity :

The Guest Lecture on Counselling & Mentoring was organized with the objective of supporting students in their academic, personal, emotional, and professional development. The major objectives were:

1. To create awareness among students about the importance of counselling and mentoring.
2. To help students identify and effectively manage academic, personal, and career-related challenges.
3. To develop students' self-confidence and emotional well-being.
4. To provide guidance for effective stress management and maintaining a positive attitude.
5. To encourage students to openly express their concerns, thoughts, and difficulties.

Applicable Programme Outcomes (POs) :

PO No.	POs	Reason
PO6	The Engineer and the World	Students develop awareness of personal well-being, social responsibilities and the importance of

		maintaining a healthy academic and professional environment.
PO7	Ethics	Students understand the importance of human values, respect, empathy and responsible behaviour while interacting with others.
PO8	Individual and Collaborative Team Work	Students develop interpersonal skills, confidence and the ability to interact and work effectively with others.
PO9	Communication	Students improve verbal and non-verbal communication, active listening and the ability to express their thoughts clearly.
PO11	Life-Long Learning	Students develop self-awareness, adaptability and the ability to continuously improve their personal and professional skills.

Applicable Programme Educational Objectives (PEOs) :

PEO No	PEO	Reason
PEO I	Knowledge & Career Growth	Students develop communication, confidence, career planning and professional skills that support academic and career growth.
PEO II	Software & Hardware Skills	Digital professionalism and online profile development help students present their technical skills effectively in professional environments.
PEO III	Design & Programming Skills	Students develop professional presentation, communication and workplace skills that complement their technical competencies and industry readiness.

Applicable PSO's :

PSO No.	PSOs
PS01	**Modern Information Technology:** Students develop awareness of

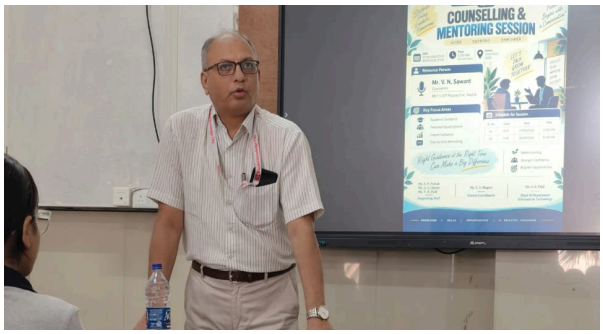
	professional digital platforms, online profiles and digital branding for presenting their technical knowledge and skills.
PSO2	**Information Technology Process:** Students understand the importance of professional digital communication, email etiquette and appropriate use of modern communication technologies.

Day 1: [07/09/2026] for SYIF students









Topics Covered	Activities Conducted	Learning Outcomes
Importance of effective communication	Interactive discussion with students	Students understood the importance of effective communication in academic, professional, and personal life.
Verbal and non-verbal communication	Communication-based activities	Students learned techniques to communicate clearly and effectively.

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Day 2: [08/09/2026] for TYIF students






Topics Covered	Activities Conducted	Learning Outcomes
Importance of counselling and mentoring	Interactive counselling and mentoring session	Students understood the importance of counselling and mentoring for their overall development.
Academic and personal challenges	Discussion on academic, personal, and career-related concerns	Students learned ways to identify and manage various challenges effectively.
Emotional well-being and stress management	Guidance and interactive discussion	Students gained awareness about stress management and maintaining emotional well-being.

Ms. S.P. Pathak
Prepared by

Mr. C. S. Mogare
Mentoring Co-Ordinator

Mr. S. B. Patil
HOD IF Dept.

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COUNSELLING & MENTORING SESSION

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Date
07/09/2026 (SYIF)
08/09/2026 (TYIF)

Time
11:00 AM
(On both days)

Venue
Class Room
(106)



Resource Person

Mr. V. M. Sawant
Counsellor
MET's IOT Polytechnic, Nashik

Key Focus Areas

- Academic Guidance
- Personal Development
- Career Guidance
- One-to-One Mentoring

Schedule for Session

Sr. No.	Class	Date	Time
01	SYIF	07/09/2026	11:00 AM
02	TYIF	08/09/2026	11:00 AM

Right Guidance at the Right Time Can Make a Big Difference

- Better Learning
- Stronger Confidence
- Brighter Opportunities

Ms. S. P. Pathak
Mr. A. S. Chatur
Ms. V. R. Patil
Supporting Staff

Mr. C. S. Mogare
Course Coordinator

Mr. S. B. Patil
Head of Department
Information Technology

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