

MET'S Institute of Pharmacy

ACTIVITY REPORT

Name of Activity- Sanitary Napkin Distribution

Day and Date- Monday 29/09/2025 & 03/10/2025

Participants	Staff & Student	Class and Course
	20+106	B. Pharmacy, Pharm D (SY, TY and Fourth Year)

MET IOP's Impact Hub/Social Services Club organized a two-phase "Sanitary Napkin Distribution" drive to commemorate World Pharmacist Day, reaching schoolgirls in Shingave on 29th September 2025 and Harangaon on 3rd October 2025. Club volunteers distributed 50 sanitary napkin kits and conducted vital health education sessions covering menstrual hygiene, diet, lifestyle modifications, and personal guidance on taboo reproductive health conditions. This impactful initiative was successfully executed under the visionary leadership of Principal Dr. Sanjay Kshirsagar, with valuable guidance from Dr. Pavan Udavant, Dr. Neelam Morankar, and Mr. Gangurde. The club also expresses its sincere gratitude to Mrs. Devyani Chavan and all supporting institutional authorities for their special contributions toward making this drive a profound success.

PO1	Pharmacy Knowledge	✓	PO7	Pharmaceutical Ethics	
PO2	Planning Abilities	✓	PO8	Communication	✓
PO3	Problem Analysis	✓	PO9	The Pharmacist and society	✓
PO4	Modern Tool Usage		PO10	Environment and Sustainability	
PO5	Leadership Skills	✓	PO 11	Lifelong Learning	✓
PO6	Professional Identity	✓			

Objectives of the Activity	- To promote menstrual health and hygiene by providing essential sanitary supplies to schoolgirls in rural and tribal areas. - To eliminate social taboos surrounding reproductive health through interactive guidance on lifestyle, diet, and personal wellness.
Benefits of the activity	- Empowered rural schoolgirls with essential health education and safe hygiene kits. - Strengthened community trust and student social responsibility through direct service.
Social Media links	Instagram(impacthub_metiop) and LinkedIn (MET IOP Impact Hub) https://www.instagram.com/impacthub_metiop?igsh=Y2Q0MzloZDFnemR4

Photos of the event



Principal

Coordinator- Dr. P.B. Udavant

President- Mr. Pratham Khairnar

SOCIAL WELFARE CELL/IMPACT HUB