

**BIHUBAL KNOWLEDGE CITY**  
**MET's Institute of Pharmacy, Adgaon Nashik – 422003**  
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**CONSTITUTION OF INTERNAL COMPLAINT COMMITTEE (ICC)**

Academic Year 2023-24

**CONSTITUTION:**

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Ms. Poonam S. Wajpey  
Faculty Co-ordinator



Dr. S. K. Shirsagar  
**PRINCIPAL**  
MET's Institute of Pharmacy  
Adgaon, Nashik-3.

**METS Institute of Pharmacy**  
**Bhujbal Knowledge City**  
**Adgaon, Nashik, Maharashtra 422003**

**Annual Gender Equality Plan 2023-24**

Gender equity refers to the fair treatment of individuals, regardless of their gender, with a focus on ensuring that everyone has equal opportunities, rights, and responsibilities. It goes beyond the concept of gender equality, recognizing that individuals may have different needs, experiences, and challenges based on their gender, and seeks to address these differences to achieve fairness and justice.

In a gender-equitable society, men and women, as well as individuals of all gender identities, have the same rights, access to opportunities, and the ability to make choices free from stereotypes, biases, and discrimination. The goal is to create an inclusive environment where everyone can reach their full potential, contribute to society, and live a life free from gender-based constraints.

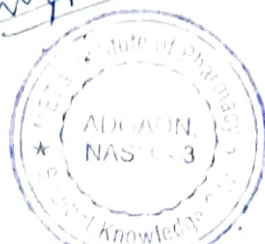
**Importance of Gender Equity:**

1. **Social Justice:** Gender equity is fundamentally linked to principles of social justice, aiming to rectify historical and systemic inequalities and create a more just and equitable society.
2. **Economic Growth:** Studies consistently show that gender equity contributes to economic growth by unlocking the full potential of the workforce and promoting innovation and productivity.
3. **Health and Well-being:** Gender equity is associated with improved health outcomes and overall well-being for individuals, families, and communities.
4. **Global Development:** Gender equity is a critical component of sustainable development, contributing to poverty reduction, improved education, and enhanced social stability.

**Objectives**

1. To motivate and inspire girl students in their pursuit for excellence.
2. To promote a culture of respect and equality for female gender.
3. To conduct seminar, workshop to impart knowledge of opportunities and tools available and train the women.
4. To advise and support any girl student, if faced by any gender specific problem.
5. To promote awareness among girl students on occupational, legal and constitutional rights.
6. To educate girl students on women specific health issues and measures to be taken.
7. Above all, to ensure a secure and progressive learning environment for the girl students.

**Dr. Neelam Dashputre**  
**Ms. Poonam S. Wajpey**  
**Co-coordinator**



**Dr. Sanjay J. Kshirsagar**  
**Principal**

**PRINCIPAL**  
**MET's Institute of Pharmacy**  
**Adgaon, Nashik-3.**

## Activities planned in AY 2023-24

### 1. Event/Session on Gender Equality

- Guest/Speaker: Mrs. Sangita Chavan

### 2. Event/Session on Human Rights of Women

- Guest/Speaker: Dr. Shahista Inamdar

### 3. Event/Session on Self defence

- Guest/Speaker: Mr. Mohammad Arif Khan

Ms. Saniya Mohammad Arif Khan

Ms. Pallavi S. Dhattrak

Mr. S. Gopkumar

### 4. Event/Session on Polycystic Ovarian Syndrome management and awareness

- Guest/Speaker: Ms. Vaishnavi Pathak



Dr. Neelam Dashputre  
Ms. Poonam S. Wajpeyi  
**Coordinators**

Dr. Sanjay J. Kshirsagar  
**Principal**

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# MET'S Institute of Pharmacy

## ACTIVITY REPORT

**Name of Activity:** Session on "Self Defense"

**Day and Date:** Wednesday, 06/03/2024.

**Courtesy:** MET's IOP

**Time:** 10.30 am to 11.30 am

Participants	Staff	Students	Class and Course
	02	80	Girl students of B-Pharmacy, D-Pharmacy and Pharm D

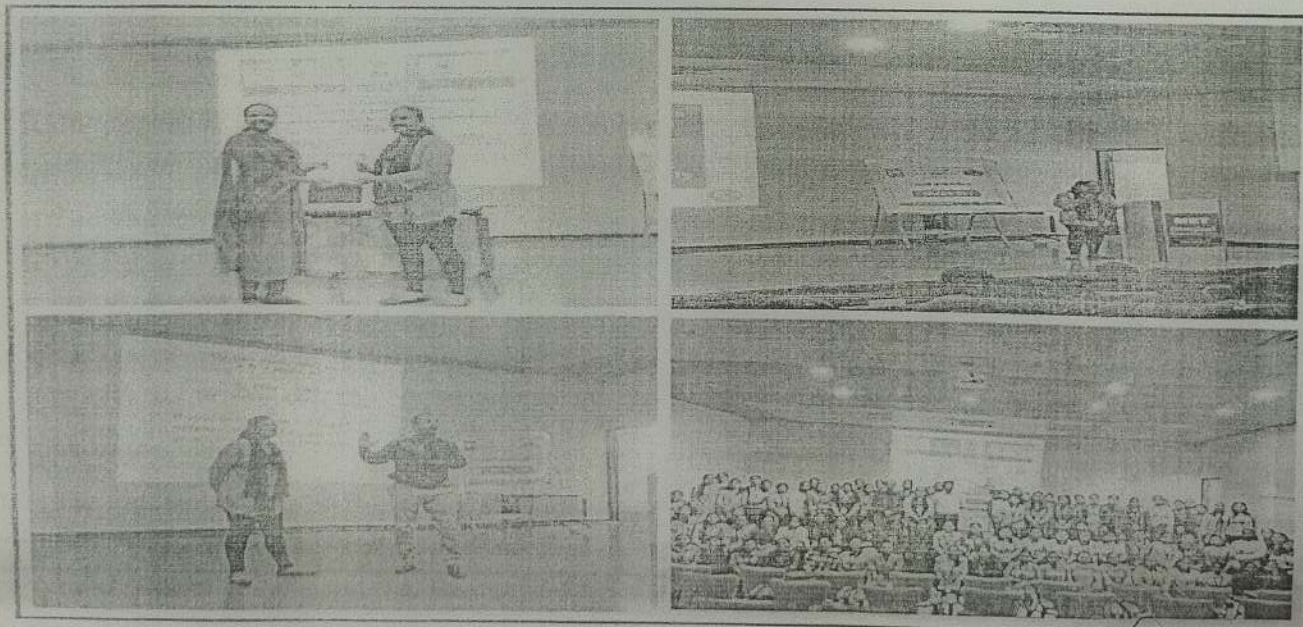
**Details of the Program:** Girl's Student Council, MET's Institute of Pharmacy had organized a session on 'Self Defense' on Wednesday, March 6<sup>th</sup>, 2024. The session was conducted by Mr. Arif Shaikh and Sania Arif Khan, who is coach for Martial Art training at Mark Martial Arts academy. He along with his team members in front of girl students demonstrated various self-defense techniques that can become handy in life-threatening situations for women.

**Program Objective Achievement:**

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities		PO8	Communication	
PO3	Problem Analysis		PO9	The Pharmacist and society	
PO4	Modern Tool Usage		PO10	Environment and Sustainability	
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity				

<b>Objective of the Activity</b>	To make aware girl students about importance of presence of mind and self-defense techniques and train women to use the same during life threatening situations.
<b>Beneficiary of the activity</b>	Girl students of B-Pharmacy, D-Pharmacy and Pharm D
<b>Social Media links</b>	-

**Photos of the event:**



*Poonam S. Wajpey*  
**Ms Poonam S. Wajpey**  
 GSC Coordinator



*Dr. S. Kshirsagar*  
**Dr. S. Kshirsagar**  
 Principal

**PRINCIPAL**  
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