

## **NAAC CRITERIA 05: Student Support And Progression**

### **DOCUMENTCODE: 5.1.3**

**5.1.3 . Capacity building and skills enhancement initiatives taken by the institution include the following: Soft skills, Language and communication skills, Life skills (Yoga, physical fitness, health and hygiene), ICT/computing skills**

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**METs Institute of Pharmacy**  
**Bhujbal Knowledge City**  
**Guest Lecture Summary**

**Name of portfolio: Placement**

**Academic Year: 2023-24**

**Total number of events: 06**

<b>Sr. No</b>	<b>Date</b>	<b>Name of speaker</b>	<b>Details of speaker</b>	<b>Topic</b>	<b>Class and Number of participants</b>	<b>Name of coordinator</b>
1.	07/08/2023 to 12/08/ 2023	Mr. Vishwesh Kathe	Trainer, Nandi Foundation, Mahindra Pride Classroom	Employability Enhancement and Youth Livelihood Program Goal Setting, Critical thinking, Communication skills, Interview Skills, Money Management	70 Final year B. Pharm Girl students	Ms. Smita Kothmire Dr. Sunita Surse Mr. Rakesh Shelke
2.	09/10/2023 to 14/10/2023	Ms.Ruby Padhi	Trainer, Naandi Foundation, Mahindra Pride Classroom	Body Language & Professional Grooming Goal Setting & Time Management Professional Communication and Life Skill -Digital Identity Professional Ethics Group Presentation Presentation Skills -Group Presentation Problem Solving and Interview Skill	44 students from Fourth year Pharm D. & S. Y. M. Pharm	Ms. V. V. Gaidhani Dr. Sunita Surse Mr. Rakesh Shelke
3.	23/12/2023	Mr. Prasad Kulkarni	Senior Product Manager, Alkem Laboratories Ltd.	Effective LinkedIn Profile	77 students from M. Pharm (F. Y. – 47 & S. Y. – 26) and B. Pharm Final Year (4)	Ms. Pratiksha N. Sonwane Dr. Sunita Surse Mr. Rakesh Shelke

**METs Institute of Pharmacy  
Bhujbal Knowledge City  
Guest Lecture Summary**

4.	23/12/2023	Mr. Abhijit Mandve	Research Scientist, Hostinger International Limited	Time Management	64 students from M. Pharm F. Y. & S. Y. And Final year B. Pharmacy	Mr. Eknath Ahire Dr. Sunita Surse Mr. Rakesh Shelke
5.	05/02/2024 to 08/02/2024	Mr. Aftab Azim and Ms. Aakanchha Singh	Prime Step, Gurgaon	Soft Skills and Leadership Development Communication skills, leadership skill, interview skill, confidence build up, email writing, resume writing.	198 students from First Year D. Pharm (38), B. Pharm (85), M. Pharm (50) and Pharm D (25)	Dr. A. B. Tajanpure Dr. R. R. Sable Dr. V. S. Kulkarni Dr. S. N. Surse
6.	10/02/2024 to 14/02/2024	Mr. Ansari and Ms. Aakanchha Singh	Prime Steps, New Delhi	Soft Skill Program on "Be Employable"	122 students from S. Y. D. Pharm (60), S. Y. Pharm D. (33) & T. Y. Pharm D. (29) 126 students from S. Y. B. Pharm	Dr. Sunita Surse Mr. Rakesh Shelke



Name and signature of Portfolio Co ordinator




**Dr. Sanjay J. Kshirsagar  
Principal**

**PRINCIPAL**  
MET's Institute of Pharmacy,  
Bhujbal Knowledge City,  
Adgaon, NASHIK-422 003.

# MET'S Institute of Pharmacy

## ACTIVITY REPORT

Name of Activity- Session on Communication and Soft Skills Development

Day and Date- Multiple theoretical and practical sessions conducted throughout August – December, 2023

Participants.	Students	Department
	110	First Year B. Pharmacy Students

### Details of the Program:

Speaker: Mr. Tathagat Pagare, addressed the students regarding multiple outcomes of a professionally trained individual in all of the technical and non-technical fields under communication skills. The basic features such as general barriers in communication, perspectives in communication, types of communication, importance of effective listening, effective writing, interview skills, presentation skills and group discussion process were thoroughly discussed throughout all the sessions.

### Program Objective Achievement

PO1	Pharmacy Knowledge	✓	PO7	Pharmaceutical Ethics	✓
PO2	Planning Abilities	✓	PO8	Communication	✓
PO3	Problem Analysis	✓	PO9	The Pharmacist and society	
PO4	Modern Tool Usage	✓	PO10	Environment and Sustainability	
PO5	Leadership Skills	✓	PO 11	Lifelong Learning	✓
PO6	Professional Identity	✓			

### Photos of the event



## **ACTIVITIES CONDUCTED DURING SESSIONS:**

### **1) Introduction to mechanical process of communication : 18/9/23**

- a) Source
- b) Encoding
- c) Decoding
- d) Feedback

### **2) Barriers in communication : 22/9/23**

- a) Physiological
- b) Physical
- c) Cultural
- d) Language
- e) Gender

### **3) Elements of communication : 25/9/23**

- a) Face to face Communication
- b) Voice & Body Language
- c) Communication Styles

### **4) Basic Listening & Writing Skills : 9/10/23**

### **5) Interview Skills : 13/10/23**

### **6) Group Discussion : 16/10/23**

# MET'S Institute of Pharmacy, Adgaon, Nashik

## ACTIVITY REPORT

**Name of Activity- Conduction of Yoga workshop**

Day and Date- Tuesday, 12/09/23  
Conducted by: Ms. Vaishnavi Kulkarni

Participants	Staff&Student	Class and Course
	Students (UG)	B.Pharm First year, Pharm D First year, F.Y. D. Pharm

### Details of the Program

The Yoga workshop was conducted on the second day of the Induction programme. The session covered a brief introduction to importance of yoga, physical fitness and how asanas are done. The students practiced suryanamskars and some breathing techniques.

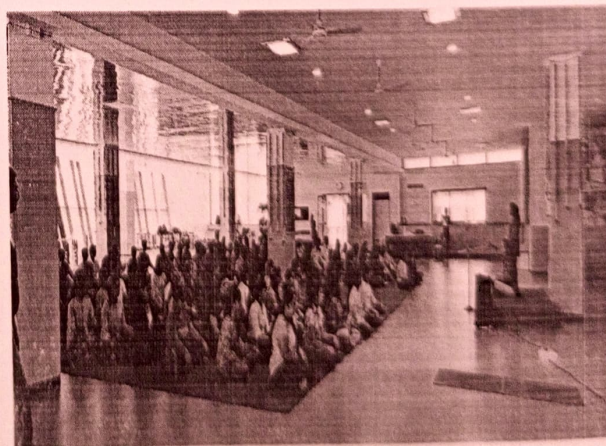
### Program Objective Achievement

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities		PO8	Communication	✓
PO3	Problem Analysis		PO9	The Pharmacist and society	
PO4	Modern Tool Usage		PO10	Environment and Sustainability	
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity				

<b>Objectives of the Course</b>	To educate and train students about practice of yoga and asanas
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<b>Benefits of the activity</b>	The course helped students become more aware. The course also helped students relieve stress and understand physical fitness.
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### Photos of the event



Principal

Coordinator- Ms. V.S. Kulkarni

# MET'S Institute of Pharmacy, Adgaon, Nashik

## ACTIVITY REPORT

**Name of Activity- Conduction of Meditation Session**

Day and Date- Wednesday, 13/09/23  
Conducted by: Ms. Vaishnavi Kulkarni

Participants	Staff&Student	Class and Course
	Students (UG)	B.Pharm First year, Pharm D First year, F.Y. D. Pharm

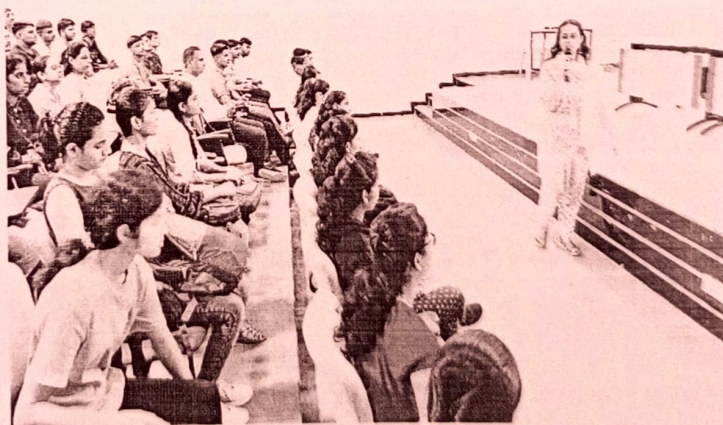
### Details of the Program

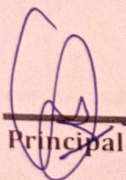
The meditation session was conducted on the third day of the Induction programme. The session covered a brief introduction to importance of meditation and mental fitness. The students practiced breathing techniques like anulom vilom, bhastrika and kapalbhati. Thesession was a brief introduction to meditation and pranayama.

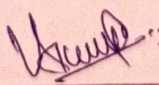
### Program Objective Achievement

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities		PO8	Communication	✓
PO3	Problem Analysis		PO9	The Pharmacist and society	
PO4	Modern Tool Usage		PO10	Environment and Sustainability	
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity				

Objectives of the Course	To educate and train students about practice of meditation
Benefits of the activity	The course helped students become more aware. The course also helped students relieve stress.



  
Principal

  
Coordinator- Ms. V.S. Kulkarni

# MET'S Institute of Pharmacy, Adgaon, Nashik

## ACTIVITY REPORT

**Name of Activity- Conduction of 'MET-Align Meditation course'**

Day and Date- Monday, 26/02/24 to 01/04/24

Affiliated with: GJ's Anahata Foundation, Mumbai

Participants	Staff&Student	Class and Course
	Students (UG)	B.Pharm First year, Pharm D First year

### Details of the Program

The 6 week MET-Align meditation course was designed to help the First year students on holistic level. The course covered basic of meditation, introduction to yogic concepts like chakra sadhana, breathwork and pranayama basics. The course was facilitated by Ms. Vaishnavi Kulkarni and the content was provided by the spiritual organization- GJ's Anahata.

### Program Objective Achievement

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities		PO8	Communication	✓
PO3	Problem Analysis	✓	PO9	The Pharmacist and society	
PO4	Modern Tool Usage		PO10	Environment and Sustainability	
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity				

Objectives of the Course	To educate and train students about practice of meditation and awareness
Benefits of the activity	The course helped students become more aware. The course also helped students relieve stress.

### Photos of the event



Principal

Coordinator- Ms. V.S. Kulkarni



# MET'S Institute of Pharmacy

## ACTIVITY REPORT

Name of Activity- Inauguration of 'Basic course on Python'

Day and Date- Thursday , 07/03/2024

Resource person:Mr Aniket Chaudhari

Participants	Staff & Student	Class and Course
	Students (PG)	M.Pharm First year

### Details of the Program

The induction programme for introduction and inauguration of the Python course was conducted in affiliation with the Institute of Engineering. This SPPU certified course is designed for M.Pharm first year students to train them in basic Python language. The course was inaugurated by Principal Dr. SanjaKshirsagar Sir, H.O.D Dr. Sandeep Sonawne and H.O.D computer engineering dept. Dr. Yawalkar. Mr. Amol Gosavi Sir gave a brief introduction about the course conduction to the students. All the required rules, syllabus, attendance and exam details were informed to the students.

### Program Objective Achievement

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities	✓	PO8	Communication	
PO3	Problem Analysis	✓	PO9	The Pharmacist and society	
PO4	Modern Tool Usage	✓	PO10	Environment and Sustainability	
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity	✓			

Objectives of the activity	Introduction and induction programme for the Basic course on Python for PG students.
Benefits of the activity	The programme outlined the course conduction and the related details to the students

### Photos of the event



Coordinator- Ms. Vaishnavi Kulkarni

*Aniket*

*Samm*  
(Dr. S. S. Sonawane)

# MET'S Institute of Pharmacy

## ACTIVITY REPORT

Name of Activity- Conduction of 'Basic course on Python'

Day and Date- Saturday, 09/03/2024 to 09/04/24

Resource person: Mr Atul Chowdhari and Mr. Amol Gosavi

Participants	Staff&Student	Class and Course
	Students (PG)	M.Pharm First year

### Details of the Program

The induction programme for introduction and inauguration of the Python course was conducted in affiliation with the Institute of Engineering. This SPPU certified course is designed for M.Pharm first year students to train them in basic Python language. The course duration was 40 hour inclusive of tests and assignments. The students were given hands-on training for python course as well as theory lectures were conducted as per given timetable. The students with appropriate attendance were allowed for the final exam.

### Program Objective Achievement

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities	✓	PO8	Communication	
PO3	Problem Analysis	✓	PO9	The Pharmacist and society	
PO4	Modern Tool Usage	✓	PO10	Environment and Sustainability	
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity	✓			

Objectives of the Course	To educate and train students about python as a coding language and its application
Benefits of the activity	The course helped students gain hands-on training on Python.

### Photos of the event



Principal



Coordinator- Dr. S.S Sonawane and Ms. V.S. Kulkarni