

NAAC CRITERIA 07: Institutional Values and Best Practices

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Date: 26/07/2021


METs, Institute of Pharmacy,
Bhujbal Knowledge City, Adgaon, Nashik-03.

Girls' student Council/Gender sensitization Cell

Action Plan 21-22

Faculty Coordinator: Mrs. Neelam L. Dashputre

Sr. No.	Activity/Plan	Month
1.	Session on Health and life style balance	August 2021-December 2022
2.	Session on Nutrition and diet	August 2021-December 2022
3.	Session on Women's right and law	August 2021-December 2022
4.	Self-defense workshop	August 2021-December 2022


Principal
Dr. S. J. Kshirsagar
Principal
MET's Institute Of Pharmacy
Adgaon, Nashik-3



**MET's, Institute of Pharmacy,
Bhujbal Knowledge City,
Adgaon, Nashik-03.**

Date: 22/08/2021

CONSTITUTION OF INTERNAL COMPLAINTS COMMITTEE (ICC)

Name	Designation	Contact No.	Email ID
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Ms. N. L. Dashputre
Faculty coordinator

Dr. S. J. Kshirsagar

Bhujbal Knowledge City
MET's Institute of Pharmacy, Adgaon, Nashik-03
Internal complaint Committee (GENDER EQUALITY)

CONSTITUTION

Sr. No.	Name of the Personnel Academic Year 2015-2016	Name of the Personnel Academic Year 2016-2017	Name of the Personnel Academic Year 2017-2018	Name of the Personnel Academic Year 2018-2019	Name of the Personnel Academic Year 2019-2020	Name of the Personnel Academic Year 2021-2022	Details
1	Dr. Kshirsagar S. J.	Dr. Kshirsagar Sanjay J.	Dr. Kshirsagar Sanjay J.	Dr. Kshirsagar Sanjay J.	Dr. Kshirsagar Sanjay J.	Dr. Kshirsagar Sanjay J.	Principal, METs, IOP, BKC Adgaon, Nashik.
2	Mrs. N. L. Dashputre (Nodal Teacher)	Mrs. N. L. Dashputre (Nodal Teacher)	Mrs. N. L. Dashputre (Nodal Teacher)	Mrs. N. L. Dashputre (Nodal Teacher)	Mrs. N. L. Dashputre (Nodal Teacher)	Mrs. N. L. Dashputre (Nodal Teacher)	Assistant prof, METs, IOP, BKC Adgaon, Nashik.
3	Ms. Samrudhi Yardi Ms. Ankita kulthe	Ms. Jadhav Mohini Ms. Gangurde Prachi D.	Ms. Bhavi Chauhan Ms. Dimple lalchandani	Ms. Manasi Hembade Ms. Amruta Hedge	Ms. Mayuri Agrawal Ms. Tejswini Tadge	Ms. Tanuja Mahale	Final Year Gender Champion
4	Ms. Bhavi Chauhan Ms. Dimple lalchandani	Ms. Bhavi Chauhan Ms. Dimple lalchandani	Ms. Manasi Hembade Ms. Amruta Hedge	Ms. Mayuri Agrawal Ms. Tejswini Tadge	Ms. Shrusthi Hode Ms. Nikita Rathod	Ms. Shruti Yannawar	Third year Gender Champion
5	Ms. Manasi Hembade Ms. Amruta Hedge	Ms. Manasi Hembade Ms. Amruta Hedge	Ms. Mayuri Agrawal Ms. Tejswini Tadge	Ms. Shrusthi Hode Ms. Nikita Rathod	Ms. Supriya Narwade Ms. Gargi Dhaneshwar	Ms. Srushti A. Gawai,	Second year Gender Champion
6	Ms. Mayuri Agrawal Ms. Tejswini Tadge	Ms. Mayuri Agrawal Ms. Tejswini Tadge	Ms. Shrusthi Hode Ms. Nikita Rathod	Ms. Supriya Narwade Ms. Gargi Dhaneshwar	Ms. Shruti Yannawar Ms. Sneha Shimpi	Ms. Shimpi Neha, Ms. Gangurde Snehal Santosh	First year Gender Champion, D. Pharm student

Objectives

1. To motivate and inspire girl students in their pursuit for excellence.
2. To promote a culture of respect and equality for female gender.
3. To conduct seminar, workshop to impart knowledge of opportunities and tools available and train the women.
4. To advise and support any girl student, if faced by any gender specific problem.
5. To promote awareness among girl students on occupational, legal and constitutional rights.
6. To educate girl students on women specific health issues and measures to be taken.
7. Above all, to ensure a secure and progressive learning environment for the girl students.

Activities conducted

Sr. No.	Major Activities conducted	Topic	Date and Time
Academic Year: 2015-16			
1	Guest Lecture Name of Speaker: Mrs. Hematai Patvardhan (President of Mahila Hakka Samiti, Nashik.)	Guest Lecture on Women Empowerment	27/10/15 Time: 12.30 pm to 2.00 pm
2	Workshop: Self Defense Resource Person: Mohammed Arif Khan.	Self Defense Workshop:	15/1/2016 10:30 am -11:30am
Academic Year: 2016-17			
1.	Guest Lecture Name of Speaker: Dr. Gauri Karandikar.	Guest Lecture Health issues-PCOS- Dr. Gauri Karandikar, on metabolic disorder.	12/01/16 Time: 10.30 pm to 12.00 pm
2.	Workshop: Self Defense Resource Person: Mohammed Arif Khan.	Self Defense Workshop:	12/01/16 12:00 pm -2:30pm
3.	Guest Lecture Adv. Vijaymala Joshi District court, Nashik.	Womens right and Legal aspects	3.00pm-4.00pm
Academic Year: 2017-18			
1.	Guest Lecture Name of Speaker: Mrs. Durga Jadhav	Self-development and safety	11/01/18 Time: 10.30 am to 12.00 pm
2.	Workshop: Self Defense Resource Person: Mohammed Arif Khan.	Self Defense Workshop	11/01/18 12:00 pm -2:30pm
3.	Guest Lecture Dr. Karishma Patil	Diet and Nutrition	11/01/18 2:00 pm -3:30pm
Academic Year: 2018-19			
1.	Guest Lecture Name of Speaker: Mr. Devendra Gokhale	Goal settings	1/03/19 Time: 1.30 am to 3.00 pm
2.	Guest Lecture: Dr. Shilpa A. Chaikade	Diet and Nutrition	05/03/2019 1.30 pm- 2.30 pm
3.	Workshop: Self Defense Resource Person: Mohammed Arif Khan.	Self Defense Workshop:	06/03/2019 11:00 pm -2:30pm
Academic Year: 2019-20			
1.	Guest Lecture Name of Speaker: Mr. Arun Barud	Session conducted on Meditation and its importance.	17 th Jan. 2020 Time: 8.00 am to 10.30 am
2.	Workshop: Self Defense Resource Person: Mohammed Arif Khan.	Self Defense Workshop:	17 th Jan. 2020 11:00 pm - 2:00 pm
3.	Skin and hair check-up camp	Skin and hair check-up camp for girl's	22 nd Jan 2020 11:00 pm - 2:00 pm
4.	Guest Lecture Name of Speaker: PSI Gayatri Jadhav Mam Nirbhaya Pathak 1 Nashik	Women's right and its legal aspects.	2:00 pm - 3:30 pm

**METs, Institute of Pharmacy,
Bhujbal Knowledge City,
Adgaon, Nashik-08**

**One Page Report 2021-2022
Gender sensitization (ICC/GSC)**

Academic Year: 2021-22

1.	Guest Lecture Name of Speaker: Dr. Shraddha Hemant Sonanis.	Skin and Hair care	29/12/2021 Time: 11.00 am-12 noon.
2.	Guest Lecture Name of Speaker: Ms. Divya Sanglikar	Basics of Personalized Nutrition's	30/12/2021 Time: 11.00 am-12 noon.
3.	Guest Lecture Name of Speaker: Dr. Shahista S. Inamdar	Women's law and Gender Equality	11/02/2022 Time: 12.15 pm-1.15 pm
4.	Workshop: Self Defense Resource Person: Mohammed Arif Khan. Saniya Mohammed Arif Khan Ms. Pallavi S. Dhatrik Mr. S. Gopkumar	Self-defense workshop and training	25/02/2022 Time: 10.00 am-3.00 am

Guest Lecture on
Skin and Hair care (Girl's student Council/Gender equality cell)

Details of The Resource Person:

Dr. Shraddha Hemant Sonanis

DNB - Dermatology & Venereology, MBBS,
FCPS - Dermatology, Venereology & Leprosy, DDVL
Dermatologist, Aesthetic Dermatologist, Trichologist.
REVIVE (skin, Hair clinic and Laser Center).

Day and Date: Thursday and 29/12/2021

Link to join: <https://meet.google.com/cad-epjt-xtn>

Link for social media shared:

Participants Details

Total no. of students: 99

Total no of Faculties: 02

Objectives:

- Webinar gives information regarding skin and hair care.
- It emphasized on anatomy and physiology of skin and hair that is helpful in understanding pathophysiology of Diseases and disorders.

Key Outcome of the Activity:

- Able to understand basics precautions and treatment of skin and hair care disease and disorder.

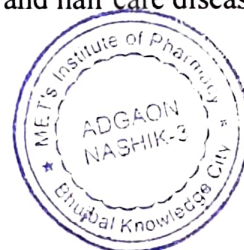
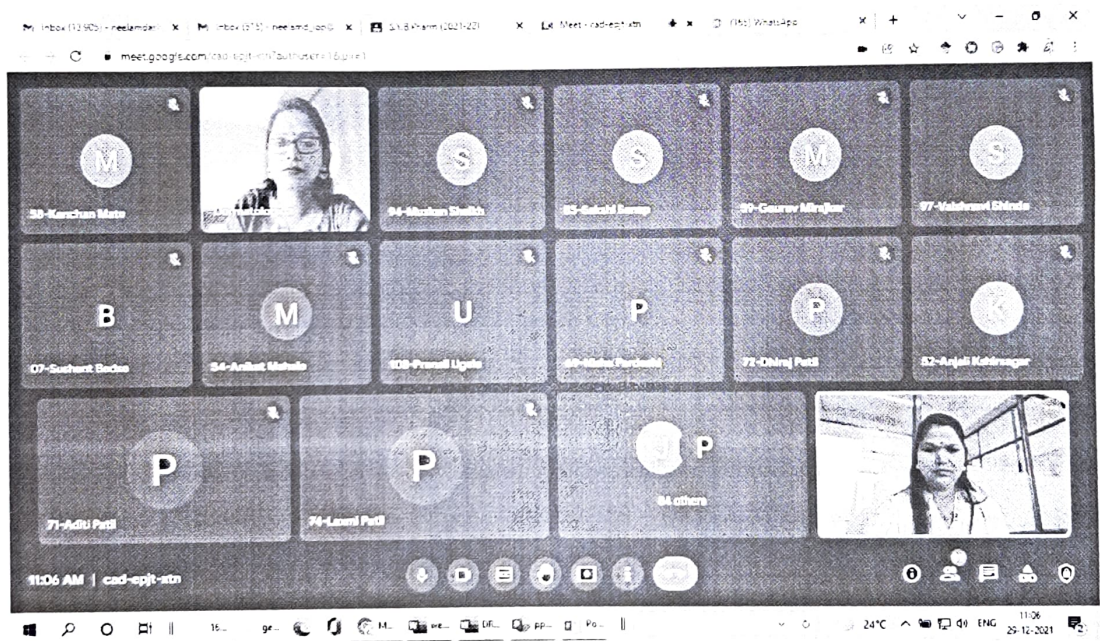
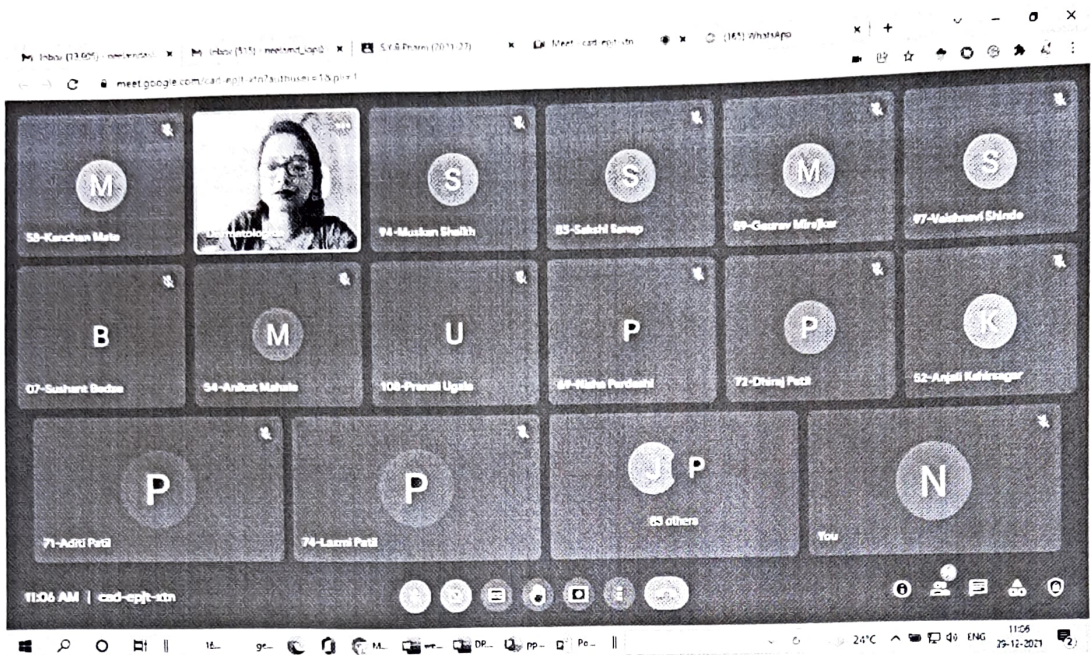
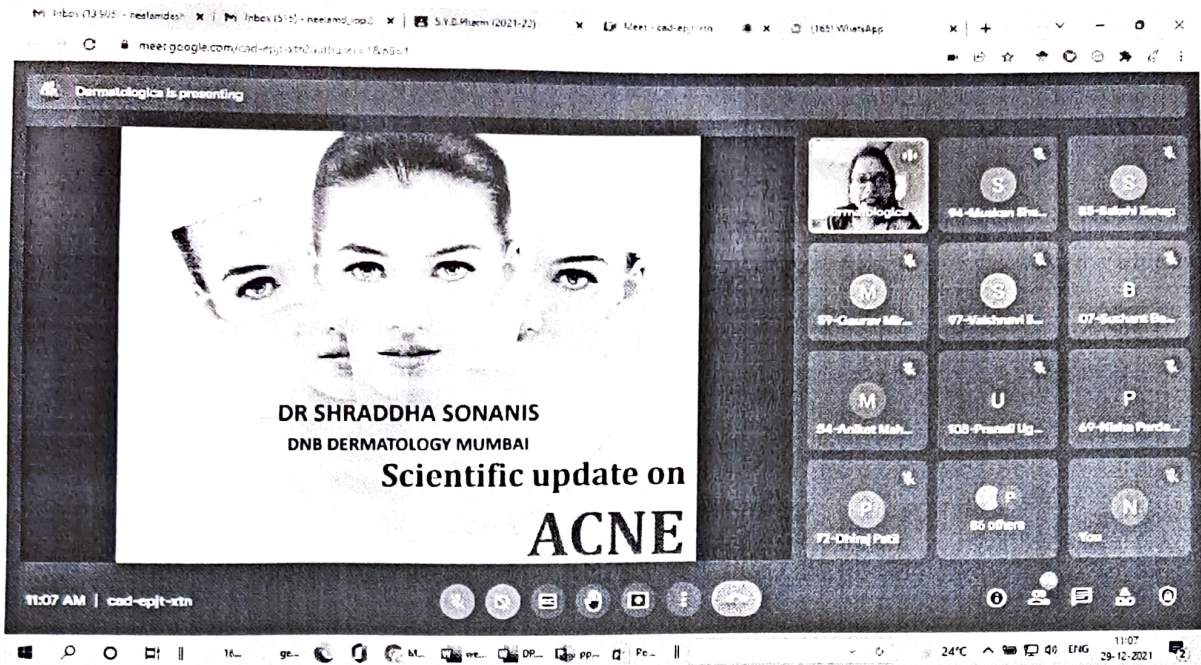


Photo Gallery:





Ms. N. L. Dashputre
GSC Coordinator

Dr. S. J. Kshirsagar
Principal
MET's Institute of Pharmacy,
Bhujbal Knowledge City,
Adgaon, NASHIK-422 003,



Guest Lecture on

Basics of personalized nutrition (Girl's student Council/Gender equality cell)

Details of The Resource Person:

Ms. Divya Sanglikar,

Director Editorial,

Just for hearts, MSC Diet & Nutrition and,

Sports Nutrition ISSN Certified degree.

Day and Date: Thursday and 30/12/2021

Link to join: <https://meet.google.com/cad-epjt-xtn>

Link for social media shared: <https://www.instagram.com/p/CYQfGU8vH6I/>

Participants Details

Total no. of students: 84

Total no of Faculties: 02

Objectives:

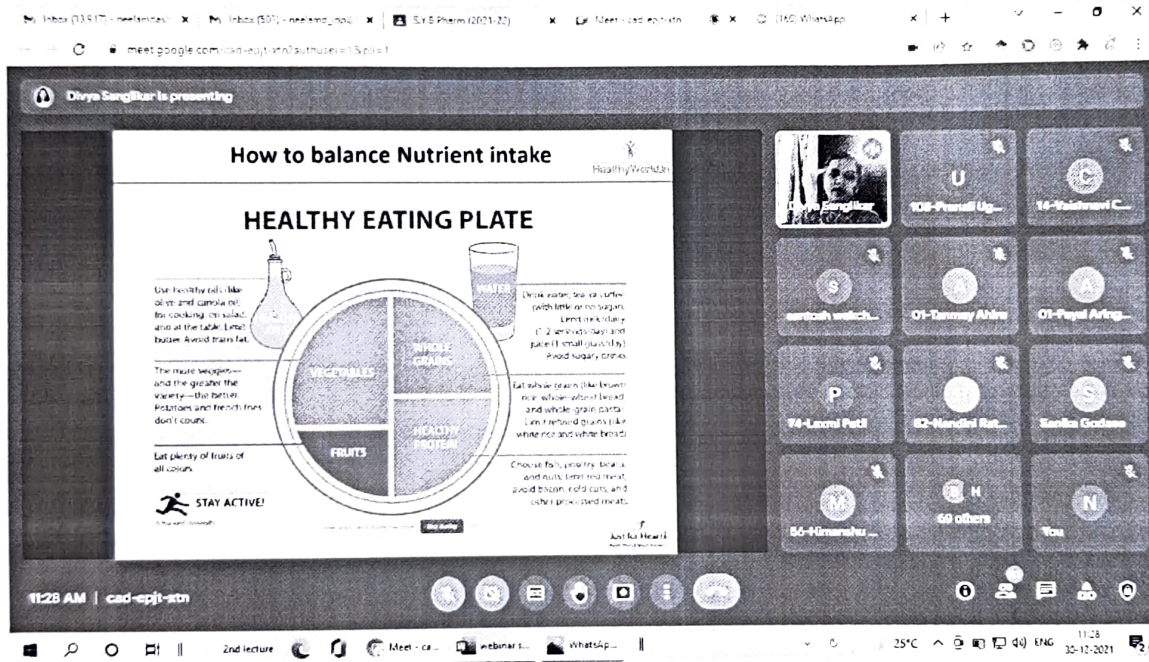
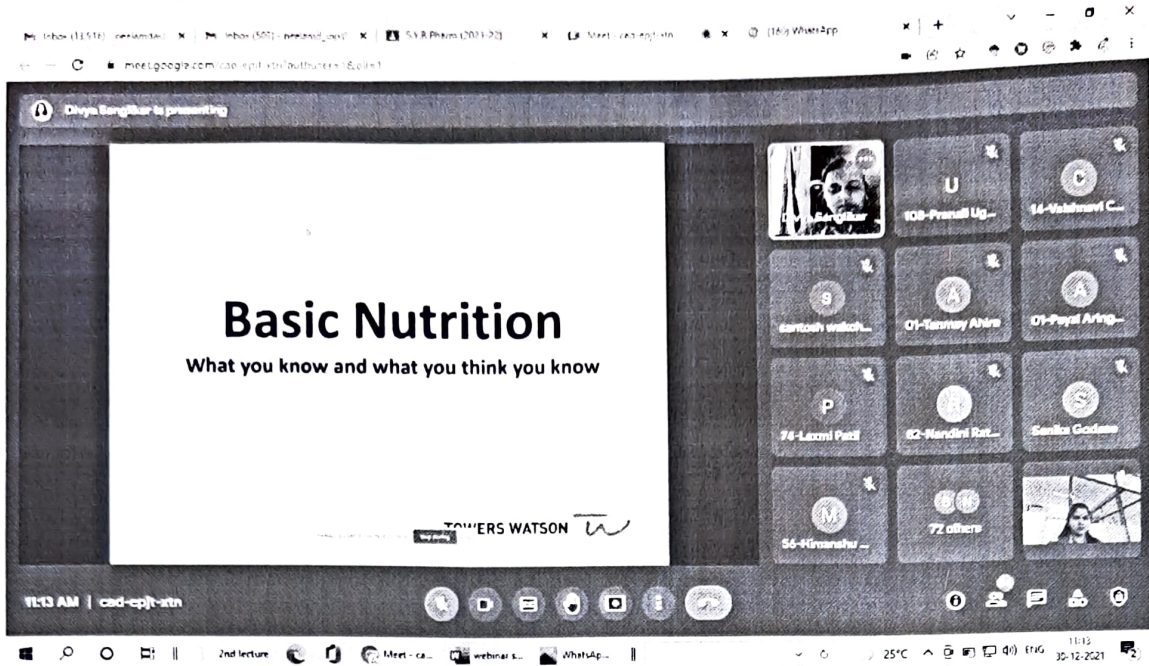
- Webinar gives you information regarding importance of nutritional values.
- Gives information regarding how to balance Nutrient intake.

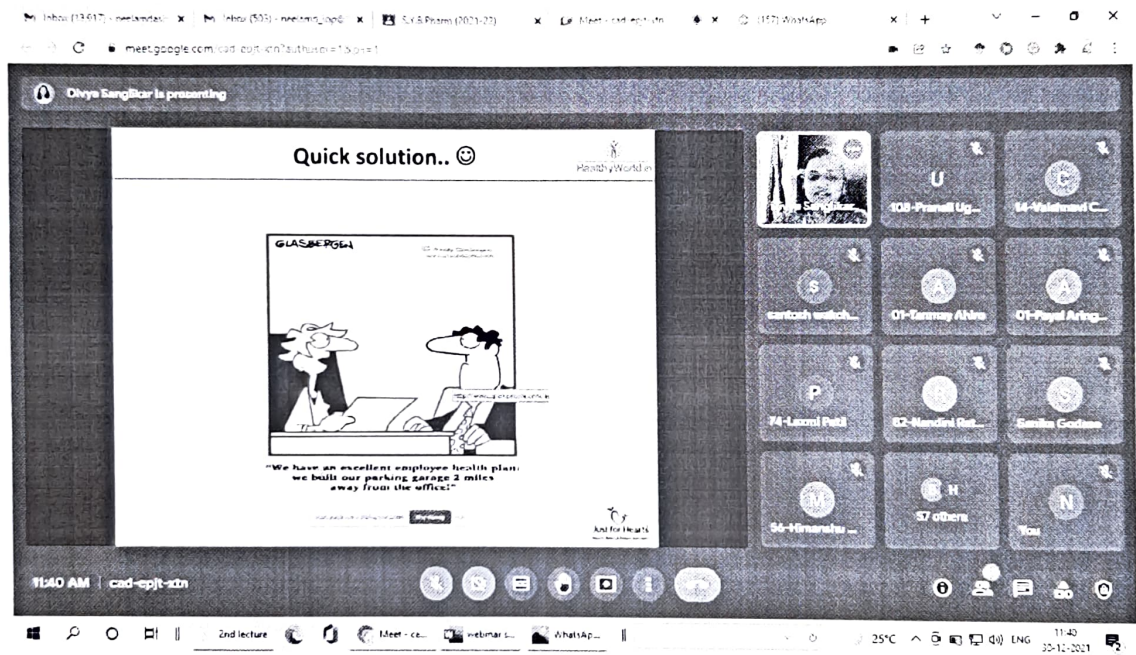
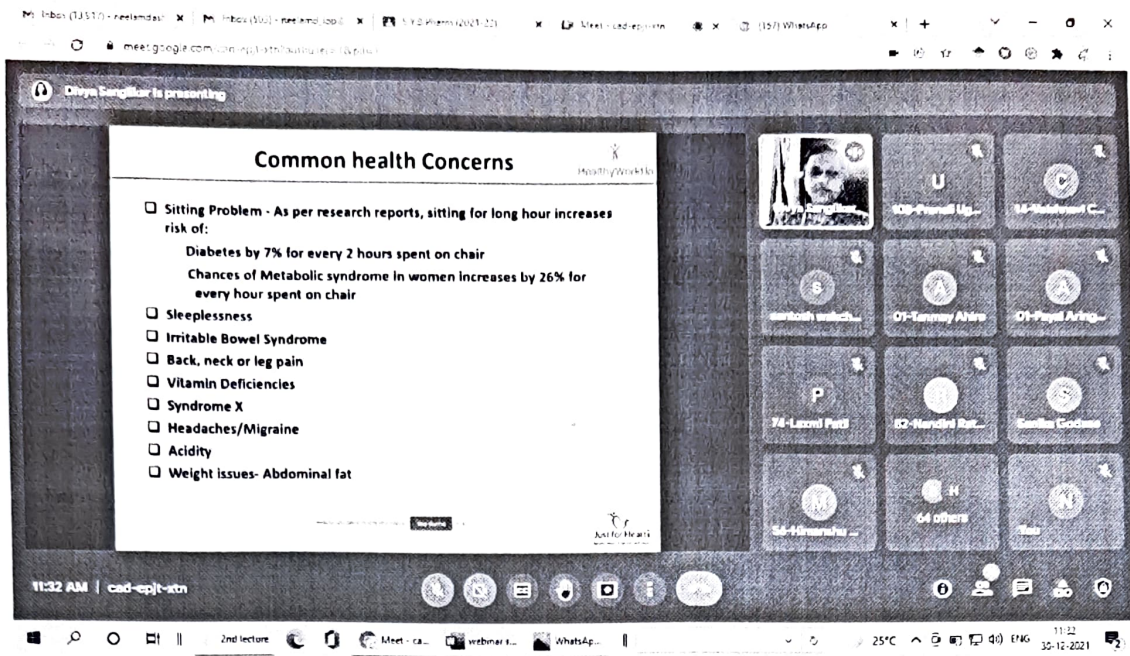
Key Outcome of the Activity:


- Able to understand healthy balance diet
- Importance of carbohydrate, protein, Fat's intake in daily life.



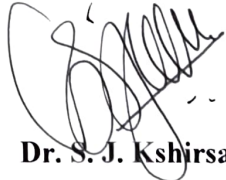
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Ms. N. L. Dashputre
GSC Coordinator




Dr. S. J. Kshirsagar
Principal
 MET's Institute of Pharmacy,
 Bhujbal Knowledge City,
 Adgaon, Nashik-222 003.

Guest Lecture on

Women's law and Gender Equality (Girl's student Council/Gender equality cell)

Details of The Resource Person:

Dr. Shahista S. Inamdar

B.S.L., LL.M., NET, SET, Ph.D, DIPR, DADR, DBL, DCL, CCIFMJ, CCIHR

Principal (I/c)

Navjeevan Law College Nashik, Maharashtra.

Day and Date: Friday and 11/02/2022

Link to join: <https://meet.google.com/zmi-cruu-mmn>

Link for social media shared: <https://www.instagram.com/p/CYQfGU8vH6I/>

Participants Details

Total no. of students: 108

Total no of Faculties: 02

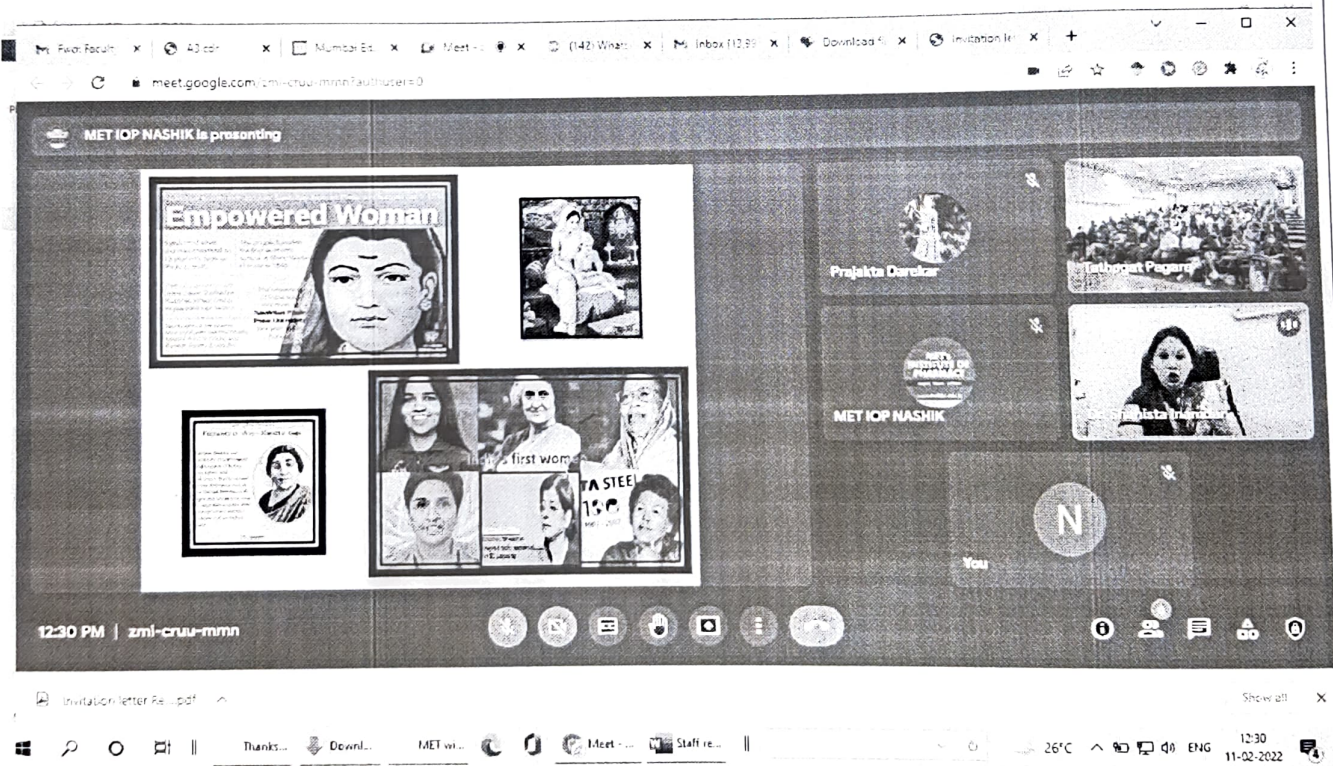
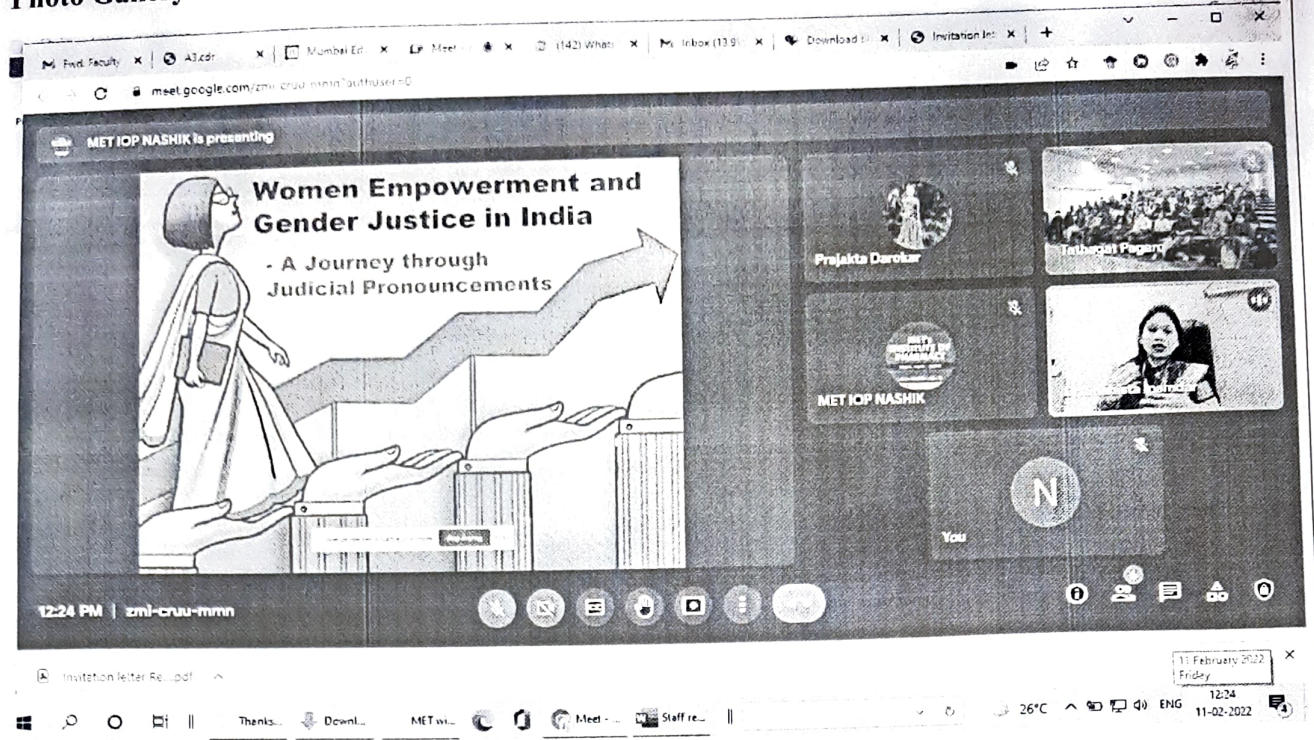
Objectives:

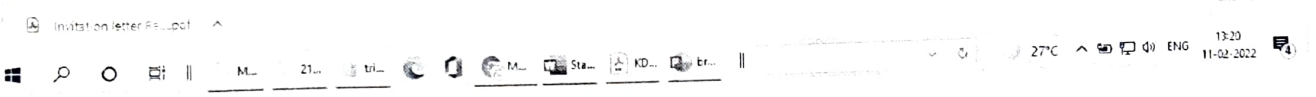
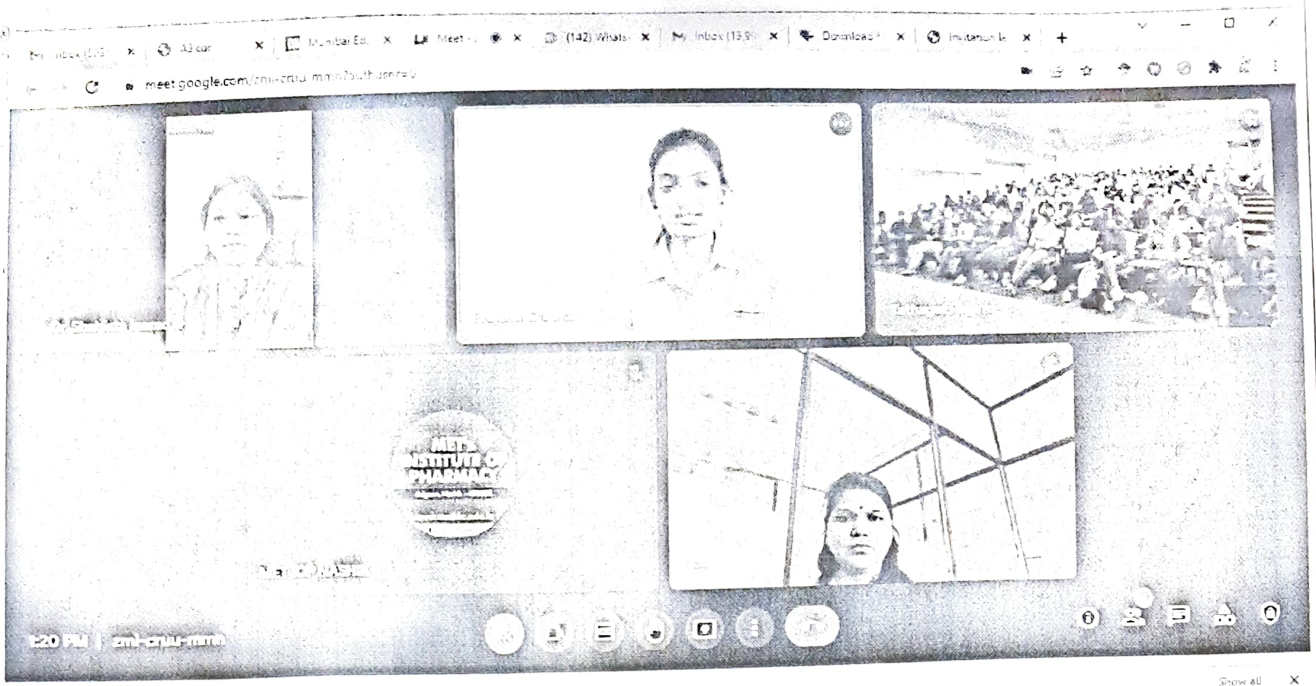
- Webinar gives you information regarding importance of Women's law.
- Gives information regarding Gender Equality.

Key Outcome of the Activity:

- Able to understand Women's law and rights
- Importance of gender equality.

Photo Gallery:





Ms. N. L. Dashputre
GSC Coordinator



Dr. S. J. Kshirsagar
Principal
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MET's Institute of Pharmacy,
Bhujbal Knowledge City,
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