

CENTRALIZED COUNSELING CELL

Rediscover Yourself. Rebuild Your Future.

Recover your **confidence, concentration, self-esteem, identity, career, self-worth, dreams, pride, dignity, and live a life of meaning and purpose.**

The Centralized Counseling & Student Transformation Cell was established with a clear vision:

To guide, support, and empower students in overcoming personal, academic, and professional challenges—helping them realize their full potential. Since 2012, the Cell has played a transformative role in the lives of countless students. Many have emerged stronger, more focused, and more prepared to take on the world—armed with clarity, courage, and a deep sense of purpose.

What Counseling Can Do for You

Counseling offers a safe, confidential space where you can:

- Understand yourself better and build emotional resilience
- Develop stronger concentration, focus, and confidence
- Strengthen relationships with friends, family, and peers
- Reduce stress, anxiety, and emotional pressure
- Identify meaningful goals and learn strategies to achieve them
- Work through academic, personal, and career-related challenges
- Learn new behaviors and coping mechanisms for a balanced life
- Explore intellectual and creative potential, including research and innovation
- Speak openly about fears, self-doubts, and personal concerns
- Move toward a life of self-mastery, self-fulfillment, and empowerment

Areas of Counseling Support

We offer specialized and confidential support in the following areas:

- Personal Counseling – Emotional well-being, self-esteem, relationships
- Group Counseling – Peer interactions, team dynamics, social development
- Career Counseling – Career planning, Higher Studies, goal setting
- Study Counseling – Learning strategies, academic stress, Subject back, exam anxiety
- Intellectual Counseling – Research support, patent guidance, innovation
- Entrepreneurship Development – Start-up ideation, mentoring, business skills

VISIT US: WE'RE HERE TO SUPPORT YOU.

Office Location: Centralized Counseling Cell, MBA Institute (IOM)

V. M. Sawant

Head & Professor of Practice: Centralized Counseling & Student Transformation Cell