

**MUMBAI EDUCATIONAL TRUST'S  
INSTITUTE OF PHARMACY  
BHUJBAL KNOWLEDGE CITY  
ADGAON NASIK  
Yoga Day 2016**

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METs Bhujbal Knowledge City has organized a workshop on the occasion of YOGA DAY on the occasion of second International Yog-Din i.e. on 21<sup>st</sup> June 2016.

Prof. Nitin Sonawane and Prof. Madhuri Pawar who are certified trainer demonstrated different Yoga asanas and explained the importance of practicing Yoga on a regular basis.

All the students as well as the staff members were highly benefited with the fitness formulae demonstrated on this occasion. Over 200 staff and students participated in the event which was organized by NSS Unit of the Institute.



